

ADDISON TOWNSHIP MENTAL HEALTH BOARD MEETING MINUTES

Wednesday, August 30th at 6:00 PM.

The Addison Township Mental Health Board met at the Addison Township Event Center, 401 N. Addison Rd., Addison, IL on Wednesday, August 30th at 6:00 PM.

CALL TO ORDER & ROLL CALL:

Charmain Don Puchalski called the meeting to order at 6:00 PM.

Motion made by Trustee Liaison Gus Leventis to have Member Michelle Reboletti join via phone. Motion seconded by Vice President Catherine Sevedge.

Deputy Clerk Teresa Carroll called the roll, and the following members were in attendance: Chuck Donnelly, Annie Jaworska, Catherine Sevedge, JoAnn Pelikan, Gus Leventis, Don Puchalski, and Michelle Reboletti.

Also present was Deputy Clerk Teresa Carroll, Brian Armstrong legal counsel, Addison Township Supervisor Dennis Reboletti, Amy Larson, and an employee of Addison Township.

CHAIRMAN'S REMARKS:

Chairman Puchalski shared that the front page of the Chicago Tribune printed an article regarding mental health funding may be jeopardized by faulty tax referendums in suburbs. Supervisor Reboletti and Brian Armstrong discussed the legality of the referendum. Supervisor Reboletti discussed that this should be repaired in veto session and that we would be following up with the General Assembly. Supervisor Reboletti recommends that we continue to move forward as a Board.

PUBLIC COMMENT:

Amy Larson introduced herself as an employee of Addison Township. There was discussion that the mental health board may be a funder of Amy's services in the future.

APPROVAL OF MINUTES:

Vice President Catherine Sevedge made a motion, seconded by Member JoAnn Pelikan.

PRESENTATION:

Supervisor Reboletti shared updates regarding developing a similar concept to "The Alive Center" in Naperville and a potential partnership with School District 88. Supervisor Reboletti shared that District 88 is on board, District 4 is not interested due to financial reasons, and the Addison Library will be building their own addition. Members of the Board discussed outreach with all Addison Township villages to gauge interest. Supervisor Reboletti shared that he will attend village meetings and send out letters to all school districts within the Township.

OLD BUSINESS:

- Discussed community needs.
 - Final recap of presentations made to the Board.
- Preparation of Strategic 1 Year Plan and 3 Year Plan.
 - Continued to discuss 1 and 3 year plan based on results of community needs presentations and data.
 - Board reviewed one year strategic plan. Three year plan will be created moving forward.

NEW BUSINESS:

- Budget and levy.
 - Discussed budget and levy amounts. The Board would like to levy \$2M. Discussed holding a public hearing, voting on the strategic plan, and the levy amount at the next meeting on Wednesday, September 6th at 6:00 PM.
 - The proposed budget will need to be sent to Deputy Clerk Teresa Carroll by October 6th. On Wednesday, October 11th, the Township Board will review and approve the budget.

The meeting was adjourned at 6:54 PM.

Respectfully submitted,

Annie Jaworska
Secretary, Addison Township Mental Health Board

ADDISON TOWNSHIP MENTAL HEALTH BOARD MEETING MINUTES

Wednesday, August 16th at 6:00 PM.

The Addison Township Mental Health Board met at the Addison Township Event Center, 401 N. Addison Rd., Addison, IL on Wednesday, August 16th at 6:00 PM.

CALL TO ORDER & ROLL CALL:

Vice President Catherine Sevedge called the meeting to order at 6:02 PM. Teresa Carroll called the roll, and the following members were in attendance: Chuck Donnelly, Annie Jaworska, Catherine Sevedge, JoAnn Pelikan, and Gus Leventis. Absent: Don Puchalski and Michelle Reboletti. Also present was Deputy Clerk Teresa Carroll, Brian Armstrong legal counsel, Addison Township Supervisor Dennis Reboletti, Addison Township Trustee Donna Tovello, Eric Koranda from Fenton High School, and Amy Larson.

CHAIRMAN'S REMARKS:

Vice President Catherine Sevedge thanked Phil Koranda from Fenton High School for attending the meeting.

PUBLIC COMMENT:

Amy Larson, a new employee for Addison Township introduced herself. Amy will be helping create services for the Township. She previously conducted level of care assessments at Alexian Brothers and worked in residential care at Allendale.

APPROVAL OF MINUTES:

Member JoAnn Pelikan made a motion, seconded by Member Gus Leventis, to accept the minutes from the July 21st, meeting as submitted. Voice vote showed the motion carried.

PRESENTATION:

- 1.) Eric Koranda, Assistant Principal and Division Leader for Counseling, Fenton High School in Bensenville
 - Fenton High School has approximately 1,450 students.
 - In school student programming includes signs-of-suicide program, anonymous safety tip-line, and Positive Behavioral Interventions and Supports, and professional development for staff members.
 - Areas of assistance include:
 - Availability and finance (licensed professionals, sliding scale fees).
 - Multilingual staff.
 - Service delivery (on-site services, transportation, parent/guardian education).
 - Medications (financial assistance).

OLD BUSINESS:

Need to come up with 1 year and 3 year strategic plans (about 1 to 2 pages). Secretary Annie Jaworska shared that we have a working draft for a 1 year strategic plan. Trustee Liaison made a motion to table the strategic plan and budget to the Addison Township Board until the next meeting when all members are present to review the working draft, applications for funds, and the needs assessment. Voice vote showed the motion carried.

NEW BUSINESS:

None.

The next meeting will be on Wednesday, August 30th at 6 PM.

The meeting was adjourned at 7:00 PM.

Respectfully submitted,

Annie Jaworska
Secretary, Addison Township Mental Health Board

ADDISON TOWNSHIP MENTAL HEALTH BOARD MEETING MINTUES
Wednesday, July 21st, 2023

The Addison Township Mental Health Board met at the Addison Township Event Center, 401 N. Addison Rd., Addison, IL on Wednesday, July 21st at 5:30 PM.

CALL TO ORDER & ROLL CALL:

Chairman Don Puchalski called the meeting to order at 5:30 PM. Teresa Carroll called the roll, and the following members were in attendance: Chuck Donnelly, Michelle Reboletti, Annie Jaworska, Catherine Sevedge, JoAnn Pelikan, Gus Leventis, and Don Puchalski acting as Chairman. Also present was Addison Township Supervisor Dennis Reboletti, Deputy Clerk Teresa Carroll, Brian Armstrong legal counsel, Addison Township Assessor Chris Kain, and members of the public.

CHAIRMAN'S REMARKS:

Chairman Puchalski thanked Chris Kain, Addison Township Assessor, for attending the meeting and providing his recommendations.

PUBLIC COMMENT:

None.

APPROVAL OF MINUTES:

Member JoAnn Pelikan made a motion, seconded by Member Gus Leventis, to accept the minutes from the June 21st, 2023, meeting as submitted. Voice vote showed the motion carried.

PRESENTATION:

- 1.) Chris Kain, Addison Township Assessor, discussed how much money the board should ask for and what the consequences are on the tax payor side in order to make an informed decision.
 - Example: Home that is worth \$300,000 in Addison Township. What is the budget and impact for this home?
 - High end would be \$2M levy - \$46 to \$47 per home.
 - Middle range would be \$1.5 budget - \$35 per home.
 - Low end would be \$1M - \$23.50 per home.
 - The Township Board would need to submit the levy to the County Clerk in December 2023.
 - Seventy-five percent of the tax bill is dedicated to education.
 - The first levy will be the starting point for future levies.
 - Addison Township Budget is about \$2.5M, highway levy is \$3M.
 - Opportunity to levy for more, such as \$2.5M, if needed.

OLD BUSINESS:

Need to come up with 1 year and 3 year strategic plans (about 1 to 2 pages).

NEW BUSINESS:

Supervisor Dennis Reboletti shared that there has been some discussion about partnering with the Mayor of Addison and Dr. Barbanente about creating something like The Alive Center in Naperville at the Addison Township location.

Member JoAnn Pelikan shared that Fenton High School will be presenting at the next meeting on August 16th, 2023.

The meeting was adjourned at 6:31 PM.

Respectfully submitted,

Annie Jaworska
Secretary, Addison Township Mental Health Board

ADDISON TOWNSHIP MENTAL HEALTH BOARD MEETING MINUTES

Wednesday, June 21st, 2023

The Addison Township Mental Health Board met at the Addison Township Event Center, 401 N. Addison Rd., Addison, IL on Wednesday, June 21st at 6:00 PM.

CALL TO ORDER & ROLL CALL:

Chairman Don Puchalski called the meeting to order at 6:01 PM. Teresa Carroll called the roll, and the following members were in attendance: Chuck Donnelly, Michelle Reboletti, Annie Jaworska, Catherine Sevedge, JoAnn Pelikan, Gus Leventis, and Don Puchalski acting as Chairman. Also, present was Addison Township Supervisor Dennis Reboletti, Deputy Clerk Teresa Carroll, Brian Armstrong legal counsel and members of the public.

CHAIRMAN'S REMARKS:

Chairman Puchalski shared that the board is working on their needs assessments and thanked tonight's presenters for coming.

PUBLIC COMMENT:

Mike Murray, member of the Prevention Leadership Team (PLT) for DuPage County and with the Bloomingdale Township Mental Health Auxiliary provided the board with handouts regarding the data on youth mental health. Mike shared and that the PLT has openings for membership. Next PLT meeting is on June 28th at 9 AM via Zoom. Meetings are open to the public. Zoom link can be accessed via the DuPage PLT website.

APPROVAL OF MINUTES:

Member Gus Leventis made a motion, second by Member JoAnn Pelikan, to accept the minutes of the June 7th, 2023, meeting as submitted. Voice vote showed the motion carried.

PRESENTATIONS:

- 1.) Dr. Brenda Huber, PhD, ABPP, Doc B, PLLC. Dr. Huber has worked with several mental health boards on the children's mental health network. As a licensed psychologist, Dr. Huber works with children, adolescents, and their families.
 - Dr. Huber presented on the public health model and downstream vs. upstream needs.
 - Current state of children's mental health: high rates of youth experiencing risk behaviors and mental health concerns, many children are not accessing needed services, programs operating at capacity, waitlists, excellent but fragmented services.
 - System assessment: what resources do we currently have, how are they working together to meet the identified needs, where are the gaps/duplications, how can we change the way we do the work so that the system is effective and sustainable.
 - Four-Tiered Model addressing family and systems-based interventions.

- 2.) Kim Zoller, President and CEO of Ray Graham Association. Ray Graham has been serving children and adults with intellectual disabilities for more than 70 years – cognitive disabilities, down syndrome, autism, and cerebral palsy.
- Serving 2,000 people each year in a variety of programs that center on residential and housing, life skills development, behavioral health, recreation, employment, and family support. Served 209 Addison Township residents with employment and life skills. Three homes that can accommodate 17 people in Lombard to work on independent life skills.
 - Illinois has failed the needs of people. Currently ranked 49th with regards to fiscal efforts. Two hundred and forty-six people are actively seeking services in Addison Township and could be in crisis. Illinois does not have adequate services for people with intellectual disabilities. The workforce crisis is also a barrier.
 - Ray Graham needs respite services (relief for families), employment services, behavioral support needs specific to intellectual disabilities, greater resources to navigate the resources (need wrap around services for families). Currently partnering with three other 708 boards – Bloomingdale Township and Hanover Township – partners with high schools with employment resources. Milton Township – currently working on the resource needs of families – web based to obtain resources immediately.
 - Medicaid funds services at Ray Graham.
- 3.) Annemarie LeCompte, Care Coordinator at from Easter Seals in Villa Park. Annemarie provides support to families from admission to discharge, empower resources to best fit the needs of families.
- Since 1942, Easterseals DuPage and Fox Valley's mission is to ensure that children with disabilities and their families are empowered. Easterseals offers pediatric therapy services to help children and their families build skills and access resources. Serving more than 1,000 infants, children, and adults with developmental delays and disabilities each week across three locations.
 - Core services include physical, occupational, and speech therapies. Easterseals also offers assistive technology therapy, medical nutrition services, behavior therapy, developmental evaluations, audiology, social services, a childcare center, specialty clinics, and a continuing education program.
 - Mental health needs have tripled. Serving 145 clients in Addison Township for mental health services. Ninety-three percent of children have missed a milestone during the pandemic. Waitlist is currently fifty-six clients. About 40% of families served are uninsured or on Medicaid. Addison Township is the largest township they serve. Also collaborates closely with Ray Graham and UCP Seguin.
- 4.) Joseph Mengoni, President/CEO and Jim Haptonstahl of UCP Seguin of Greater Chicago presented an overview of services, programs, and needs.
- The United Cerebral Palsy Seguin of Greater Chicago (UCP Seguin) is a nonprofit human services agency dedicated to enriching the lives of people with intellectual, developmental, and physical disabilities.
 - Provides residential, employment, life skills training, respite, recreation, children's foster care, assistive technology, behavioral health treatment and

support, and multiple other services to more than 1,670 individuals from birth to old age across more than eighty-five communities in the Chicagoland area – including Addison Township. Annual budget of \$50 million, with five hundred employees and over 140 children and adult foster parents.

- Receives bulk of funding from the Illinois Department of Human Services' Division of Developmental Disabilities (DHS-DDD). UCP Seguin also receives funding from seven other area mental health boards (including Milton Township). UCP Seguin has struggled to secure sufficient funding to cover costs of programs, especially to recruit and retain direct support staff.
- With DuPage County Community Development Block Grants (CDBG) funds, UCP Seguin plans to purchase and renovate a new Community Integrated Living Arrangement (CILA), at a site TBD in Addison Township.
- With additional funds from Addison Township Mental Health Board, UCP Seguin would use the funds for existing services provided to Addison Township residents with IDD including Building Bridges transition services, community day services, intermittent community integrated living arrangements, and cover costs for direct support staff not sufficiently covered through stated funds. UCP Seguin would also use the funds to expand services including a new CILA group home, services to individuals in need per the waiting list, and cover extra costs for direct support staff.

OLD BUSINESS:

Continuation of discussion of community needs, scheduling presentations, strategic planning and budget and levy preparation.

NEW BUSINESS:

Supervisor Reboletti visited the Alive Center and there has been discussion about bringing that concept of a teen mental wellness space to Addison.

Secretary Annie Jaworska shared information from the national Mental Health America (MHA) conference in DC (June 6- 10). Mental Health America is the nation's leading national nonprofit dedicated to the promotion of mental health, well-being, and illness prevention. Mental Health America advocates for the closing the mental health equity gap while increasing nationwide awareness. Highlights from the conference:

- The importance of promoting lived experience – sharing your story to help fight stigma, create awareness, and help others.
- Cost is one of the biggest barriers to accessing mental health care. More than one-fifth of adults with mental health needs are unable to access affordable care. Addressing the costs and coverage for mental health services has emerged as a top legislative priority.
- Mental Health America affiliate in FL has a behavioral health crisis hub like the one DuPage County will be building in 2025. The MHA affiliate has had immense success with helping people get connected to the resources they desperately need.

The next meeting will be held on July 12th at 5:30 PM and at that time Assessor Chris Kain will be present to discuss the assessed valuation of residential and commercial properties within the Township. August 16th, 2023, meeting will be the combination meeting with the Town Board to give an update on the progress of the mental health board.

Meeting adjourned.

Respectfully submitted,

Annie Jaworska
Secretary, Addison Township Mental Health Board

ADDISON TOWNSHIP MENTAL HEALTH BOARD MEETING MINUTES

The Addison Township Mental Health Board met at the Addison Township Event Center, 401 N. Addison Rd, Addison, Illinois on Wednesday, June 7, 2023.

CALL TO ORDER & ROLL CALL:

Chairman Don Puchalski called the meeting to order at 6:00 P.M. Teresa Carroll called the roll, and the following members were in attendance: Catherine Sevedge, Michelle Reboletti, Chuck Donnelly, Gus Leventis, JoAnn Pelikan and Don Puchalski acting as Chairman. ABSENT: Annie Jaworska. Also, present Addison Township Supervisor Dennis Reboletti, Deputy Clerk Teresa Carroll, Brian Armstrong legal counsel and members of the public.

CHAIRMAN'S REMARKS:

Chairman Puchalski gave a few brief opening remarks and thanked tonight's presenters for attending.

PUBLIC COMMENT: None

APPROVAL OF MINUTES:

Member Gus Leventis made a motion, second by Member Joann Pelikan, to accept the minutes of the May 31, 2023, meeting as submitted. Voice vote showed the motion carried.

PRESENTATIONS:

Shannon Hartnett, Executive Director of Northeast Family & Youth Services presented an informational handout to board members describing the history and overview of the agency. Currently 21 full-time staff and 3 part time staff provides a range of services to youth and families. A few highlights of her presentation include:

- ◆Social workers in Addison, Bensenville, and Itasca police departments.
- ◆Numbers have increased with a variety of more complex issues.
- ◆Police and schools provide majority of referrals.
- ◆Current wait list for services is 315 people.

Shannon stated any additional funds would be used towards space thus ensuring easy access to the needed services.

Jarrett Burton, Recovery Specialist at Serenity House gave a brief over of his background as well as the history of Serenity House and far its beneficial programs have come to serve those in need. A few highlights of his presentation include:

- ◆The Halfway House can serve 32 men and 12 women.
- ◆Residents are asked to pay rent of \$600, participate in counseling, subject to random drug testing and seek employment as part of their goal in returning to a sober life. Several levels of residential living are part of the recovery process at Serenity House.
- ◆Prevention education is offered in the schools.
- ◆Current wait time for placement at Serenity House is on average 6 weeks.

Jarrett stated many new initiatives are in place to contend with the ongoing need and partnering with other agencies remains key.

Both presenters were thanked by the board for their time and useful information.

OLD BUSINESS:

Continuation of discussion of community needs, scheduling of presentations, strategic planning and budget and levy preparation.

NEW BUSINESS:

Supervisor Reboletti suggested meeting dates and topics of discussions to fulfill the obligations of submitting a budget and levy.

Attorney Brian Armstrong stated a Public Hearing will need to be held once a budget and levy amount has been determined.

The next meeting will be held June 21, 2023, at 6:00 P.M. Supervisor Reboletti suggested the July 12, 2023, meeting be held at 5:30 P.M. and at that time Assessor Chris Kain will be present to discuss the assessed valuation of residential and commercial properties within the Township. August 16, 2023, meeting will be a combination meeting with the Town Board to give an update on the progress of the mental health board.

Meeting adjourned.

Respectfully submitted.

Teresa Carroll
Addison Township Deputy Clerk

MINUTES – MENTAL HEALTH BOARD OF ADDISON TOWNSHIP
May 31st, 2023, 6:00 pm

ATTENDANCE: 11, Guests: 5

First Name	Last Name	Role	Present
Don	Puchalski	Chairman	Yes
Gus	Leventis	Member	Yes
Annie	Jaworska	Secretary	Yes
Catherine	Sevedge	Vice President	Yes
Chuck	Donnelly	Member	No
JoAnn	Pelikan	Member	Yes
Michelle	Reboletti	Member	Yes
Guests:			
Teresa	Carroll	Deputy Clerk	Yes
Brian	Armstrong	Attorney	Yes
Mike	Rogers	Veteran Outreach Specialist, Vet Center	Yes
Dennis	Reboletti	Addison Township Supervisor	Yes
Dave		Photographer	Yes

MEETING CALLED TO ORDER: by Chairman Puchalski at 6:02 PM.

CHAIR’S REMARKS:

- Thanked Dave for coming in to take photos for the mental health board website and Facebook page.
- Attended Supervisor Reboletti’s lunch meeting with five other township mental health boards.
 - Discussed each mental health board focusing on different areas and sharing resources.
- Deputy Clerk Carroll shared that emails are being created for each board member. The Board voted on stationary. Option 2 had the most votes.

PUBLIC COMMENT:

- None.

APPROVAL OF MINUTES: motion by Chairman, Puchalski. Member Leventis, 1st/Vice President Sevedge, 2nd. Minutes approved.

PRESENTATION:

- Mike Rogers, Veteran Outreach Specialist from the Forest Park Vet Center presented on veterans.
 - The Vet Center provides services to Veterans and service members who served in combat operations, areas of hostility, stateside deployments or endured military service-related trauma. We also service their families to support the growth and goals of the Veteran or service member.
 - When someone comes through the door, the Veteran will have scheduled follow-up appointments before they leave.
 - Works closely with Riveredge Hospital, Thresholds, etc.
 - Eligibility requirements are not VA care. Vet Center is their own entity. DD214 is a record of your service. In 1993, started to see survivors of sexual trauma while in military service.
 - Vet Center opened in 1980 in Forest Park.
 - Not time-based, so Veterans can continue to receive services for as long as they need.
 - Vice President Sevedge has an office at the Addison Township building. Vice President Sevedge is there 4 hours per week providing counseling services.
 - www.vetcenter.va.gov, 988 hit 1, connected with Veteran's crisis line.
 - Five counselors at Vet Center in Forest Park.
 - No charge for Veterans.

OLD BUSINESS:

- Survey of Needs, Scheduling Presentation to Discuss Community Needs
 - Discuss/Establish Needs Assessment Committee
 - Discuss/Establish Grant Committee
- Preparation of Strategic 1 Year Plan and 3 Year Plan
 - Discuss Need to Prepare Plans

- On June 7, NEDFYS and Serenity House will be coming in to present to the board.
- Coordinating with Dr. Brenda Huber to come in on June 21 to present.

- Attorney Armstrong shared that we would need to submit a requested budget to the township board and board by the end of August.
- Township budget starts in June. Township board's levy is in November.
- Assessor will provide the mental health board some numbers for the budget.
- Discussed taking July off – no meetings.

NEW BUSINESS:

- None.

ADJOURNMENT:

- Adjournment made by Chairman Puchalski at 7:08 PM.

YesMINUTES – MENTAL HEALTH BOARD OF ADDISON TOWNSHIP
May 17, 2023, 6:00 pm

ATTENDANCE: 14, **Guests:** 7

First Name	Last Name	Role	Present
Don	Puchalski	Chairman	Yes
Gus	Leventis	Member	Yes
Annie	Jaworska	Secretary	Yes
Catherine	Sevedge	Vice President	Yes
Chuck	Donnelly	Member	Yes
JoAnn	Pelikan	Member	Yes
Michelle	Reboletti	Member	Yes
Guests:			
Teresa	Carroll	Deputy Clerk	Yes
Brian	Armstrong	Attorney	Yes
Lori	Carnahan	Deputy Director of Behavioral Health, DuPage County Health Department	Yes
Chris	Hoff	Director of Community Health Resources, DuPage County Health Department	Yes
Adam	Forker	Director of Business Operations, DuPage County Health Department	Yes
Dr. Jean	Barbanente	Superintendent, DuPage High School District 88	Yes
Dennis	Reboletti	Addison Township Supervisor	Yes

MEETING CALLED TO ORDER: motion by Chairman, Puchalski. Member Pelikan, 1st/Secretary Jaworska, 2nd. Time: 6:02 PM.

- Deputy Clerk Carroll provided the board with mental health awareness pins.
- Chairman Puchalski shared with the board an article from the White Sox regarding players speaking out about mental health awareness.

PUBLIC COMMENT:

- None.

APPROVAL OF MINUTES: motion by Chairman, Puchalski. Member Leventis, 1st/Member Pelikan, 2nd. Minutes approved.

PRESENTATION:

- Adam Forker shared that Karen Ayala, Executive Director at DuPage County Health Department is retiring and that he will be resuming her role.
- Lori Carnahan introduced herself as the Deputy Director of Behavioral Health at DuPage County Health Department and shared information about the health department's programming.
- Chris Hoff introduced himself as the Director of Community Health resources at DuPage County Health Department. Chris provided a folder with information to help the mental health board for needs assessment as well as information about grants. Chris shared that Impact DuPage would be a helpful resource.
 - Impact DuPage is a county wide effort that brings together hospitals, schools, and other organizations to identify community needs, resources, and data. Impact DuPage can pull data by zip code and municipalities. Unable to pull specific township data at this time. Most recent cycle was completed for 2022.
 - Top 2 priorities for the county: 1.) mental health and substance use disorders, 2.) prevention of serious chronic illness that keep people from quality of life (early screening, access to treatment, insurance, access to services, and supporting long-term care).
 - Chris shared that the board may want to survey residents on our own. The health department has an online survey that they push out via the food pantry, schools, and through different organizations. They also host focus groups with community service providers. Then the county analyzes the data.
- Chairman Puchalski shared that parts of Addison Township are impoverished. People are afraid to share information with the government (ex. COVID 19) and that we want to make sure all communities are captured.
- Member Pelikan and Secretary Jaworska will work with DuPage County Health Department to review current data and work with contact Becky McFarland.
- Lori Carnahan shared that it would be helpful to have a standardized application process for providers who would like to apply for grants. Lori shared that it would be best to have a grant that can last a few years. Each funder has different requirements, and it takes time to complete the application, hire the staff, train the staff, launch the service/program, and pull data on the results of the service.
- Per Supervisor Reboletti, the mental health board will propose a budget on June 1, and the Addition Township board will levy money and be mindful of being value-added.
- Attorney Armstrong recommends one-year contracts during the first year with an option to review.
- Vice President Sevedge shared that it is difficult to hire in the behavioral health workforce. Many providers are going into private practice.
- Chris Hoff shared more information about the behavioral health collaborative meeting. Next one is June 8.

- Member Leventis asked about individual grant opportunities and data specific to Addison.
- Lori Carnahan shared information about the county line number available to all and 988. The Health Department's Crisis Hotline is 630-627-1700. There is also a mobile crisis response team (available to kids and adults), and crisis respite (residential 12 bed unit for adults that need stabilization). New crisis hub set to open in 2025.
- Member Reboletti asked about the length of stay for the crisis respite program – 5 to 7 days.

OLD BUSINESS:

- Next meeting is on Wednesday, May 31st at 6 PM.
- Supervisor Reboletti asked if Serenity House will be coming in to present. Supervisor Reboletti also shared about House Bill 2365 regarding social work licensure.
- Karen Ayala, Executive Director at DuPage County Health Department, will be touring the Addison Township facility on Wednesday, May 31st at 11 am. Per Attorney Armstrong, no more than 2 members of the board can attend this meeting.
- Secretary Jaworska asked about the open meetings act training and if the board needs to complete. Attorney Armstrong shared that the board needs to complete the training and can access online.
- Vice President Sevedge will work with outreach coordinator Mike to come in and present to the board on veterans on May 31st.
- The board discussed meeting on the first and third Wednesday starting in June.
- Secretary Jaworska will follow up with Shannon Hartnett from NEDFYS to present in June and Member Pelikan will coordinate a time with Fenton High School.
- Supervisor Reboletti shared that the board needs to investigate speakers for disabilities.
- Secretary Jaworska asked for an update on the press release for the board as May in Mental Health Month. Supervisor Reboletti shared a resolution passed for May as Mental Health Month. Press release will go out on Friday. Mental Health board will have its own Facebook page and website, coming soon.

NEW BUSINESS:

- None.

ADJOURNMENT:

- Adjournment made by Chairman Puchalski at 7:05 PM.

MINUTES – MENTAL HEALTH BOARD OF ADDISON TOWNSHIP
April 19, 2023, 6:00 PM

CALL TO ORDER

Chairman Puchalski called the meeting to order at 6:00 PM.

ROLL CALL

We have a quorum.

Attendance: 7, Guests: 6

First Name	Last Name	Role	Present
Don	Puchalski	Chairman	Yes
Gus	Leventis	Trustee Liaison	Yes
Annie	Jaworska	Secretary	Yes
Catherine	Sevedge	Vice President	Yes
Chuck	Donnelly	Member	Yes
JoAnn	Pelikan	Member	Yes
Michelle	Reboletti	Member	Yes
Guests:			
Teresa	Carroll	Deputy Clerk	Yes
Brian	Armstrong	Attorney	Yes
Dave	Rogers	Bloomingtondale Township	Yes
Mike	Hovde	Supervisor of Bloomingtondale Township	Yes
Dennis	Reboletti	Supervisor of Addison Township	Yes
Dr. Jean	Barbanente	Superintendent of School District 88	Yes

CHAIR'S REMARKS

On May 17th, 2023, the Board of Health will present for 45 minutes.

PUBLIC COMMENT

None.

APPROVAL OF MINUTES

Motion made by Joann Pelikan to approve the minutes from April 5th, seconded by Trustee Gus Leventis. Minutes approved.

PRESENTATION

- Michael Hovde, Jr. Supervisor of Bloomingtondale Township shared his insights about the Bloomingtondale Township mental health board. Supervisor Hovde reached out to other townships such as Hanover and Oak Park Townships to share resources. Supervisor Hovde encouraged the board to listen to the public and was honest about not being able to meet everyone's requests.

- Supervisor Hovde shared that they looked at their levy request, looked at the township budget, and their residents' income. First levy was \$850,000. Hanover Township has been around for 40 years had a levy of \$1 million. Average house contributes about \$20. Levy can fluctuate. Money is retrieved in June. Lowered levy because had more money from the previous year.
- Supervisor Hovde shared that they have youth counseling in house. Supervisor Hovde encouraged to give folks about 18 months to use their money. Provide an invoice so that there is an understanding of what services are being provided. There is a contract between the mental health board and the provider. Hanover gives many grants in small amounts such \$5,000 or \$8,000. Bloomingdale Township has given out larger amounts. Supervisor Hovde shared that their police department has counselors in house. Roselle and Carol Stream have in house mental health counselor. Don't have to give out all of the money and can put the money in a reserve. Yearly grant process.
- Supervisor Hovde and Trustee Rogers shared that they obtained the community's input by sending out surveys. There will be more needs than resources. They prefer using existing nonprofits within the Township.
- Discussed connecting with Dr. Brenda Huber from the Children's Network, ACMHAI membership, reaching out to schools. Encouraged the board to use one standard application.
- Supervisor Hovde and Trustee Rogers encouraged the board to lower their expectations for the first year. Do your best with the funds that you have. No need to use all of your money unless it fills a gap. The mental health board is a supplement to the current resources/services available in the community. Encourage the board to invite folks to come speak such as hospitals and health departments to share their needs assessments.
- Supervisor Reboletti asked how to use reimburse the township – audit and staff time. Supervisor Hovde shared that they took an administrative fee of \$50,000 for the year for township staff to support the board by making any copies of material and attend the meetings. Bloomingdale's Township budget is \$50,000.
- Dr. Jean Barbanente, Superintendent of School District 88, presented. Dr. Barbanente is a long time Addison resident. Would like to partner with the mental health board in any way possible. Dr. Barbanente shared that both high schools, Addison Trail and Willowbrook, have had a huge uptick in mental health concerns. Averaging 60 hospitalizations per year between both schools. The need for mental health evaluations 22 in Willowbrook and 13 at Addison Trail. Some families have barriers to advocate for their children. Signs of Suicide screenings are conducted quarterly. Screened 250 students in one day and 10% of students need immediate or intensive support. Increase in school refusal/school avoidance, depression, and anxiety. Larger issue than it ever was before. Services put in place in the last 2 years. Extra counselor and extra social worker. Counselors from NEDFYS and from Serenity House. Approached by HAMDARD. Dr. Barbanente shared that they also receive supplemental grants and received a grant for mental health first aid training. School district also uses Addison Resources Connect (Danny Brink). Dr. Barbanente shared that there is a lack of insurance with families and that there is a large population of undocumented families. All staff have been trained in trauma informed services and receive compassion fatigue support – resiliency minds on the frontlines for first responders and now expanded to educators.
- Trustee Leventis asked about substance use. Dr. Barbanente shared that vaping is a huge problem.
- Dr. Barbanente also shared that a teen mental health center opened up in Brookfield and that she will be connecting with them to learn more.

ACTION ITEMS

Adopt bylaws. Joann Pelikan made a motion to approve, seconded by Trustee Gus Leventis. Bylaws approved.

OLD BUSINESS

- Need assessment will be done in-house.
- Attorney Armstrong shared that Milton Township was unable to make the meeting tonight and have offered to come back another time.
- Chairman Puchalski offered to reach out to Hanover Township to request a presentation.
- JoAnn Pelikan to follow up with Fenton High School in Bensenville and NAMI for a presentation.
- Michelle Reboletti offered to reach out to Serenity House.
- Secretary Jaworska offered to reach out to NEDFYS, Shannon Hartnett.

NEW BUSINESS

- Put minutes, agenda, and other information on the website. Official page should be the township website. Facebook page could be something supplemental. Give access to public information.
- Deputy Clerk Teresa shared stationary examples.
- Supervisor Reboletti shared that an IT professional will be reaching out regarding email addresses.
- Annie Jaworska shared that May is Mental Health Month. Supervisor Reboletti offered to engage with PR professionals and press release to get the word out about mental health month and the board. A PR professional will work on the announcement.

ADJOURNMENT

Adjourned by Chairman Puchalski at 7:11 PM.

MINUTES – MENTAL HEALTH BOARD OF ADDISON TOWNSHIP
April 5, 2023, 6:00 pm

Don Puchalski, Chairman, and Annie Jaworska, Secretary, present.
 Attendance: 6, Guests: 3

First Name	Last Name	Role	Present
Don	Puchalski	Chairman	Yes
Gus	Leventis	Member	Yes
Annie	Jaworska	Secretary	Yes
Catherine	Sevedge	Vice President	Yes
Chuck	Donnelly	Member	Yes
JoAnn	Pelikan	Member	Yes
Michelle	Reboletti	Member	No
Guests:			
Teresa	Carroll	Deputy Clerk	Yes
Brian	Armstrong	Attorney	Yes
Erendira	Garcia	Constituent Outreach Coordinator for State Representative Norma Hernandez	Yes

MEETING CALLED TO ORDER: motion by Chairman, Don Puchalski. JoAnn Pelikan, 1st/Annie Jaworska, 2nd. Time: 6:00 PM.

PUBLIC COMMENT: Erendira Garcia, Constituent Outreach Coordinator for State Representative Norma Hernandez introduced herself and shared that she would like to learn more about the new mental health board.

NEW BUSINESS:

- Discussion and review of Bylaws for the Board
 - Attorney Brian Armstrong to make amendments to the attendance requirements, quorum and voting, additional powers, term of office, and fiscal year.
- Establish a Fiscal Year
 - June 1 to May 31. to use same fiscal year as Addison township, June 1 to May 31 by Chairman Puchalski, JoAnn Pelikan, 1st/Annie Jaworska, 2nd.
- Secretary Jaworska shared information on the Association of Community Mental Health Authorities of Illinois (ACMHA) and shared the importance of being a member. Membership for the first year is \$500.00 for the entire board.
- Secretary Jaworska discussed creating excitement and awareness of Board by creating Facebook page and page on the Addison Township website. Secretary Jaworska to prepare some examples of other mental health board Facebook pages to share at next meeting.

- Chairman Puchalski discussed having Milton and Bloomindgale Township to present at next board meeting.
 - Deputy Clerk, Teresa Carroll, shared two proposals of a mental health board logo. The Board approved the second option which has a lighter green background. Motion made by Chairman Puchalski.

OLD BUSINESS:

Format for Regular Meetings

- Chairman Puchalski proposed new meeting agenda structure, board to review and vote on at the next meeting.
- Public Comment/Close of Public Comment
 - Three minutes for public comment. Any questions will be answered after the meeting adjourns by Board members.
- The board discussed that meetings will occur for one hour to 1.5 hours. Next board meeting will be on April 19th at 6:00 PM.
- Board Actions and Discussions
 - Discussion of donations and that may be too much trouble as not a legal charity.

Survey of Needs, Scheduling Presentation to Discuss Community Needs

- Discussed possibility of establishing a Needs Assessment Committee
- Discussed possibility of a consultant to do a deep dive of township.

Preparation of 1 year Plan and 3 Year Plan

- Discussed Need to Prepare Plans Based on Results of Community Needs and Survey Presentations

Budget and Levy

- Discussed Potential Budget and Levy Procedure and Timing
 - June of 2024.

Motion to Adjourn made by Chairman Puchalski at 7:00 PM.